

Food Allergies and Sensitivities

sweetFrog has listed the top six food allergens recommended by the FDA.

The **X** indicates the item contains the specified allergen.

	Allergens					
	Eggs	Milk	Peanuts	Soy	Tree Nuts	Wheat Gluten
Gelato						
Banana Flambe		X				
Caramel Sea Salt	X	X				
Chocolate		X				
Cold Brew Coffee		X				
Hazelnut		X				
Pistachio		X				
Tiramisu		X				
Vanilla Bean		X				
Low Fat						
Cake Batter	X	X				
Chocolate		X				
Chocolate Caramel Turtle		X				
Dulce De Leche	X	X				
Fudge Brownie Batter	X	X				
Red Velvet	X	X				
Salted Caramel Pretzel	X	X				
S'more	X	X				
Strawberry Shortcake	X	X				
Sweet Coconut		X			X	
Tart		X				
Nonfat						
Apple Pie		X				
Blue Cotton Candy		X				
Cappuccino		X				
Country Vanilla		X				
Cookies & Cream		X		X		X
Creamisicle		X				
Creamy Mint Cookie	X	X				X
Crisp Rice Treat	X	X				
Dutch Apple Dumpling		X				
Eggnog	X	X				
Georgia Peach		X				
Graham Cracker		X				
Irish Mint	X	X				
Irish Mint Cookie	X	X				X
Island Banana		X				
Mountain Blackberry		X				
New York Cheesecake	X	X				
Orchard Cherry		X				
Pecan Praline		X				
Peppermint		X				
Pistachio		X				
Pumpkin Pie		X				
Toasted Marshmallow	X	X				
Very Raspberry		X				
Very Strawberry		X				
White Chocolate Mousse		X				
Dairy Free Sorbet						
Acai Berry Sorbet						
Chocolate Fudge Sorbet						
Caramelized Pineapple						
Green Apple Sorbet						
Key Lime Sorbet						
Mango Sorbet						
Orange Splash Sorbet						

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Pink Lemonade Sorbet						
Raspberry Lime Mojito Sorbet						
Pomegranate Raspberry Sorbet						
Strawberry Kiwi Sorbet						
Strawberry Lemonade Sorbet						
Very Berry Sorbet						
Watermelon Sorbet						
No Sugar Added Frozen Yogurt						
Blueberry		x				
Cheesecake		x				
Chocolate		x				
Coffee		x				
Irish Cream		x				
Praline		x				
Raspberry		x				
Strawberry		x				
Strawberry Banana		x				
Vanilla		x				
Yellow Cake Batter		x				
Dole Whip						
Dole Lemon						
Dole Lime						
Dole Mango						
Dole Orange						
Dole Pineapple						
Dole Raspberry						
Dole Strawberry						
Ice Cream						
Chocolate		x				
Vanilla		x				
More						
Chocolate Covered Strawberry		x				
Chocolate Peanut Butter Pie	x	x	x			
Peanut Butter		x	x			

Your health is of utmost concern to us. Please be aware that sweetFrog products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The Allergen information Sweetfrog has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers and regional menu variations.